















THE HEIGHTS ACTIVITY CALENDAR



NOVEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>There's always SOMETHING TO BE thankful FOR</p>			<p>The Villager Shop Hours Monday-Friday 10:00 am – 2:00 pm</p>	<p>1 9:25 Exercise with Mark-AR 10:00 The Crown-MT 10:30 Cribbage-GR 1:00 Cornhole-AR 1:30 Movie-MT 2:30 Bingo – AR 4:00 Social Hour –AR 7:00 Movie-MT</p>	<p>2 9:00-1:00 Family Swim 9:00 Current Events 10:00 Stretch Balance & Relaxation w/ Joan-AR 11:00 Only Murders in the Building-MT 1:00 Van to Silas Deane Hwy Shops -HL 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT</p>
<p>3 Daylight saving time ends 10:00 Van to St. Thomas the Apostle-HL 11:00 Catholic Mass-MT 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT</p>	<p>4 9:25 Exercise with Mark-AR 10:00 Library Comm. Mtg-L 10:30 Monk-MT 11:00 Bible Talk-TR 11:00 Scrabble-GR 1:00 Van to Elmwood-HL 2:00 Planting w/ Jeff-TR 2:30 Caregiver Support Group Mtg-HR 3:00 Avery Actors -AR 3:00 Fit Trail Walk with Mark-HL 4:00 Wii Bowling-MT 6:30 Sing-along-HL 7:00 Movie-MT</p>	<p>5 **ELECTION DAY** 9:30 Nova Hearing-HR 10:00-11:30 Van to Batchelder School to Vote 10:00 Lincoln Lawyer-MT 10:30 Campus Tour w/ Roseanne-HL 11:00 Scrabble-GR 12:00 Van to A.C. Peterson's -HL 1:30 AHILA Food Comm. Mtg-PDR 1:30 Movie-MT 2:30 Catholic Mass w/ Fr. Alex-Chapel 2:30 Jose Paolo-AR 7:00 Movie-MT</p>	<p>6 9:25 Exercise with Mark-AR 10:00 New Amsterdam -MT 10:30 Parkinson's Care Giver Support Group-AR 11:00 Word Games-MT* 1:30 Movie-MT 2:00 Picture Day-HL 2:30 Chair Yoga w/ Jill-AR* 7:00 Movie-MT</p>	<p>7 9:00 & 12:00 Van to Stop & Shop 9:30 AHILA Grounds Committee Meeting-HR 10:00 Suits-MT 1:30 Movie-MT 2:30 David Eberly-MT 7:00 Movie-MT</p>	<p>8 9:00 Podiatrist 9:25 Exercise with Mark-AR 10:00 The Crown-MT 10:30 Oil Painting-HR 10:30 Cribbage-GR 1:00 Cornhole-AR 1:30 Movie-MT 2:30 Bingo – AR 4:00 Social Hour –AR 7:00 Movie-MT</p>	<p>9 *Alzheimer's Walk* 9:00 Current Events-MT 11:00 Only Murders in the Building-MT 1:00 Van to Stew Leonard's -HL 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p style="text-align: right;">10</p> <p>9:30 Van to Church of Christ Congregational-HL 11:00 Catholic Mass-MT 2:00 Movie-MT 2:30 Bingo-AR 4:30 Movie-MT 7:00 Movie-MT</p> 	<p style="text-align: right;">11</p> <p>*Veterans Day* Mark is off today</p> <p>10:30 Monk-MT 11:00 Scrabble-GR 12:00 Veteran's Reception Luncheon-AR 1:00 Van to Elmwood-HL 2:30 Movie-MT 3:00 Avery Actors -AR 7:00 Movie-MT</p> 	<p style="text-align: right;">12</p> <p>10:00 Lincoln Lawyer-MT 11:00 Scrabble-GR 12:00 Van to Primavera Pub -HL 1:30 Movie-MT 2:30 Jim Sheehan-AR 6:30 Sing-along-HL 7:00 Movie-MT</p> 	<p style="text-align: right;">13</p> <p>9:25 Exercise with Mark-AR 10:00 New Amsterdam-MT 11:00 Word Games-TR 11:00 AHILA Communications Committee Mtg-HR 1:00 AHILA Birthday Comm. Mtg-HR 1:00 Van to Berlin Tpke-HL 1:30 Movie-MT 7:00 Violinist Andrew Magill-AR 7:00 Movie-MT</p>	<p style="text-align: right;">14</p> <p>9:00 & 12:00 Van to Stop & Shop-HL 10:00 Suits-MT 10:30 AHILA Council Meeting-HR 10:45 Praying the Rosary- C-2 1:00 Knitting Circle-HR 1:30 Movie-MT 2:30 Jon Condie-AR 7:00 Movie-MT</p> 	<p style="text-align: right;">15</p> <p>9:25 Exercise with Mark-AR 10:00 The Crown-MT 10:30 Cribbage-GR 1:00 Cornhole 2:30 Bingo - AR 4:00 Social Hour -AR 7:00 Movie-MT</p> 	<p style="text-align: right;">16</p> <p>9:00 Current Events-MT 11:00 Only Murders in the Building-MT 1:00 Van to Wadsworth Atheneum- HL 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT</p> 
<p style="text-align: right;">17</p> <p>10:00 Van to St. Thomas the Apostle-HL 11:00 Catholic Mass-MT 2:00 Movie-MT 2:30 Fifty-One Years of Weaving Cloth-AR 4:30 Movie-MT 7:00 Movie-MT</p> 	<p style="text-align: right;">18</p> <p>9:25 Exercise with Mark-AR 10:30 Monk-MT 11:00 Scrabble-GR 11:00 Bible Talk-TR 1:00 Van to Elmwood-HL 3:00 Avery Actors Rehearsal-AR 3:00 Fit Trail Walk with Mark-HL 4:00 Wii Bowling-MT 6:30 Sing-along-HL 7:00 Movie-MT</p>	<p style="text-align: right;">19</p> <p>10:00 Lincoln Lawyer-MT 11:00 Resident Meeting-AR 1:00 Van to Olive Garden-HL 1:30 Movie-MT 2:30 Paint your Pick Up-HR 6:30 Sing-along-HL 7:00 Movie-MT</p>	<p style="text-align: right;">20</p> <p>9:25 Exercise with Mark-AR 11:00 Word Games-TR 1:00 Van to West Farms Mall-HL 1:30 Movie-MT 2:30 Chair Yoga w/ Jill-TR 7:00 Movie-MT</p> 	<p style="text-align: right;">21</p> <p>9:00 & 12:00 Van to Stop & Shop-HL 10:00 Suits-MT 10:45 Praying the Rosary- C-2 11:00 Avery Heights Book Club-HR 1:30 Movie-MT 2:30 Bill Shontz-AR 7:00 Movie-MT</p>	<p style="text-align: right;">22</p> <p>9:00 Podiatrist 9:00 Dermatologist 9:25 Exercise with Mark-AR 10:00 The Crown-MT 10:30 Watercolor Painting-HR 10:30 Cribbage-HR 1:00 Cornhole-AR 1:30 Movie-MT 1:30 Shabbat-TR 2:30 Bingo - AR 4:00 Social Hour -AR 7:00 Movie-MT</p>	<p style="text-align: right;">23</p> <p>9:00 Current Events-MT 11:00 Only Murders in the Building-MT 1:00 Van to Kohl's-HL 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT</p> 

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
24	25	26	27	28	29	30
<p>9:30 Van to Church of Christ Congregational-HL</p> <p>11:00 Catholic Mass-MT</p> <p>2:00 Movie-MT</p> <p>4:30 Movie-MT</p> <p>7:00 Movie-MT</p> 	<p>9:25 Exercise with Mark-AR</p> <p>10:30 Monk-MT</p> <p>11:00 Scrabble-GR</p> <p>11:00 Men's Forum-AR</p> <p>1:00 Van to Elmwood-HL</p> <p>2:00 AHILA Program Cmt Mtg-HR</p> <p>3:00 Avery Actors Rehearsal-AR</p> <p>3:00 Fit Trail Walk with Mark-HL</p> <p>4:00 Wii Bowling-MT</p> <p>6:30 Sing-along-HL</p> <p>7:00 Movie-MT</p>	<p>9:00 & 12:00-Van to Stop & Shop-HL</p> <p>10:00 Lincoln Lawyer-MT</p> <p>11:00 Scrabble-GR</p> <p>1:30 Movie-MT</p> <p>2:30 Dan Bernier-AR</p> <p>6:30 Sing-along-HL</p> <p>7:00 Movie-MT</p> 	<p>9:25 Exercise with Mark-AR</p> <p>11:00 Word Games-TR</p> <p>11:45 Birthday Luncheon</p> <p>1:00 Van to Trader Joe's-HL</p> <p>2:00 Senior Seminar Series Committee Mtg-HR</p> <p>2:30 Sharon Gutterman: Gratitude-AR</p> <p>7:00 Movie-MT</p> 	 <p>One Meal Served 12:00 Dining Room</p>	<p>*Mark is off today*</p> <p>10:00 The Crown-MT</p> <p>10:30 Cribbage-GR</p> <p>2:30 Bingo – AR</p> <p>4:00 Social Hour –AR</p> <p>7:00 Movie-MT</p> 	<p>9:00 Current Events-MT</p> <p>11:00 Only Murders in the Building-MT</p> <p>2:00 Movie-MT</p> <p>2:30 Resident Run Saturday Fun-GR</p> <p>4:30 Movie-MT</p> <p>7:00 Movie-MT</p> 

KEY: AR= Adams Room/ MT=Movie Theater Room/ CCR= Cottage Community Room/ DR= Dining Room/ FL= Fireside Lounge/ GR= Game Room
HL= Heights Lobby/ HR= Hobby Room/ NDR= Noble Dining Room/TR= Thompson Room