






THE HEIGHTS ACTIVITY CALENDAR



DECEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p style="text-align: right;">1</p> <p>10:00 Van to St. Thomas the Apostle Church-HL 11:00 Catholic Mass-MT 2:00 Movie-MT 2:30 Bingo-AR 4:30 Movie-MT 7:00 Movie-MT</p> 	<p style="text-align: right;">2</p> <p>9:25 Exercise with Mark- AR 10:00 Library Comm Mtg-L 10:30 Monk-MT 11:00 Bible Talk w/ Chaplain Tracy-TR 11:00 Scrabble-GR 1:00 Van to Elmwood-HL 2:00 Cornhole-AR 2:00 Planting w/ Jeff-TR 2:30 Pool-GR 3:00 Avery Actors-AR 3:00 Fit Trail Walk w/ Mark 4:00 Wii Bowling-MT 6:30 Sing-Along-HL 7:00 Movie-MT</p>	<p style="text-align: right;">3</p> <p>9:30 NOVA Hearing-HR 10:00 Lincoln Lawyer-MT 11:00 Scrabble-GR 12:00 Van to Pepe's Pizzeria -HL 1:30 AHILA Food Committee Meeting-TR 1:30 Movie-MT 2:30 Catholic Mass-Chapel 2:30 Joel Blumert-AR 7:00 UCONN Women's Basketball Game-MT</p>	<p style="text-align: right;">4</p> <p>9:25 Exercise with Mark 10:00 White Collar -MT 10:30 Parkinson's Support Group-AR 11:00 Word Games-TR 1:00 Birthday Cmt Mtg-HR 1:00 Van to Walmart-HL 1:30 Movie-MT 2:30 Ashly Cruz-AR 7:00 Movie-MT</p>	<p style="text-align: right;">5</p> <p>9:00 & 12:00 Van to Stop & Shop-HL 9:30 Grounds Cmt Mtg- 10:00 Suits-MT 10:45 Praying the Rosary- 1:30 Movie-MT 2:30 Judy Handler & Mark Levesque-AR 6:30 Van to the Bushnell- 7:00 Movie-MT</p> 	<p style="text-align: right;">6</p> <p>9:00 Podiatrist 9:25 Exercise with Mark 10:00 The Crown-MT 10:30 Cribbage-GR 1:30 Movie-MT 2:30 Bingo-AR 4:00 Social Hour-AR 7:00 Movie- MT</p> 	<p style="text-align: right;">7</p> <p>National Pearl Harbor Remembrance Day 9:00-1:00 Family Swim 9:00 Current Events 10:00 Stretch, Balance & Relaxation with Joan-AR 11:00 Only Murders in the Building-MT 11:00 Van to W.Htfd Festival of Trees-HL 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT</p>
<p style="text-align: right;">8</p> <p>10:00 Van to St. Thomas-HL 11:00 Catholic Mass-MT 2:30 Friends & Family Holiday Celebration & Tree Lighting 4:00 Movie-MT 7:00 Movie-MT</p> 	<p style="text-align: right;">9</p> <p>9:25 Exercise with Mark- AR 10:30 Monk-MT 11:00 Scrabble-GR 1:00 Van to Elmwood-HL 2:00 Cornhole-TR 2:30 Avery Actors Play: The Reason for the Season and The Bunker's Christmas-AR 2:30 Pool-GR 3:00 Fit Trail Walk-HL 4:00 Wii Bowling-MT 7:00 Movie-MT</p>	<p style="text-align: right;">10</p> <p>10:00 Lincoln Lawyer-MT 10:30 Campus Tour w/ Roseanne-HL 11:00 Scrabble-GR 12:00 Van to Elaine's Restaurant-HL 1:30 Movie-MT 2:30 Jim Harkins-AR 6:30 Sing-Along-HL 7:00 Movie-MT</p>	<p style="text-align: right;">11</p> <p>9:25 Exercise with Mark 10:00 White Collar -MT 11:00 Word Games-TR 1:00 Van to Wadsworth Festival of Trees-HL 1:00 Communications Cmt Mtg-HR 1:30 Movie-MT 2:30 Caregiver's Support Group Mtg-HR 7:00 Movie-MT</p>	<p style="text-align: right;">12</p> <p>9:00 & 12:00 Van to Stop & Shop 10:00 Suits-MT 10:30 AHILA Council Mtg-HR 1:00 Knitting Circle-HR 1:30 Movie-MT 2:00 Vet to Vet Holiday Gathering-Noble 2:30 Paul Bisaccia-AR 7:00 Movie-MT</p> 	<p style="text-align: right;">13</p> <p>9:25 Exercise with Mark-AR 10:00 The Crown-MT 10:30 Cribbage-GR 1:30 Movie-MT 2:30 Bingo-AR 4:00 Social Hour-AR 7:00 Movie-MT</p>	<p style="text-align: right;">14</p> <p>9:00 Current Events MT 11:00 Only Murders in the Building-MT 10:30 First Baptist Church Choir-HL 1:00 Van to Stew Leonard's-HL 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p style="text-align: right;">15</p> <p>10:00 Van to St. Thomas the Apostle Church-HL 11:00 Catholic Mass-MT 1:30 UCONN Women-MT 2:30 Bingo-AR 4:30 Van to Magic of Lights-HL 4:00 Movie-MT 6:30 Van to Magic of Lights-HL 7:00 Movie-MT</p> 	<p style="text-align: right;">16</p> <p>9:25 Exercise with Mark-AR 10:30 Monk-MT 11:00 Scrabble-GR 11:00 Bible Talk-TR 1:00 Van to Elmwood-HL 2:00 Cornhole w/ Mark-AR 2:30 Pool-GR 3:00 Indoor Walk with Mark-HL 4:00 Wii Bowling-MT 7:00 Movie-MT</p> 	<p style="text-align: right;">17</p> <p>10:00 Lincoln Lawyer-MT 11:00 Resident Mtg-AR 12:15 Van to Yanni's-HL 1:30 Movie-MT 2:30 Blaise Tramazzo-AR 6:30 Sing Along-HL 7:00 Movie-MT</p> 	<p style="text-align: right;">18</p> <p>9:25 Exercise with Mark 10:00 White Collar-MT 11:00 Sedgewick MS String Orchestra-AR 11:45 Birthday Luncheon 1:30 Movie-MT 2:30 Word Games- AR 7:00 UCONN Men's Basketball Game-MT</p> 	<p style="text-align: right;">19</p> <p>9:00 & 12:00 Van to Stop & Shop 10:00 Suits-MT 10:45 Praying the Rosary-C-2 11:00 Book Club-HL 1:30 Movie-MT 2:30 Brian Gillie-AR 7:00 Movie-MT</p> 	<p style="text-align: right;">20</p> <p>9:00 Podiatrist 9:25 Exercise with Mark 10:00 The Crown-MT 10:30 Cribbage-GR 1:30 Movie-MT 1:30 Shabbat-TR 2:30 Ugly Christmas Sweater Bingo-AR 4:00 Social Hour-AR 7:00 Movie-MT</p> 	<p style="text-align: right;">21</p> <p>WINTER BEGINS</p> <p>9:00 Current Events-MT 10:00 Stretch, Balance & Relaxation with Joan-AR 11:00 Only Murders in the Building-MT 1:15 Van to Playhouse on Park-HL 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT</p>
<p style="text-align: right;">22</p> <p>10:00 Van to St. Thomas the Apostle-HL 11:00 Catholic Mass-MT 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT</p> 	<p style="text-align: right;">23</p> <p>9:25 Exercise with Mark-AR 10:30 Monk-MT 11:00 Scrabble-GR 1:00 Van to Elmwood-HL 2:00 AHILA Program Cmt Mtg 2:30 Pool-GR 2:30 Christmas Worship-AR 3:00 Indoor Walk with Mark-HL 4:00 Wii Bowling-MT 7:00 Movie-MT</p> 	<p style="text-align: right;">24</p> <p style="text-align: center;">Christmas Eve!</p> <p>10:00 Lincoln Lawyer-MT 11:00 Scrabble-GR 12:00 Van to Olive Garden-HL 2:30 Movie-MT 6:30 Sing-Along-HL 7:00 Movie-MT</p>	<p style="text-align: right;">25</p> <p style="text-align: center;"><i>Merry Christmas</i></p> <p>One meal served in the Dining Room 12:00</p> <p style="text-align: center;"><i>Hanukkah Begins</i></p> 	<p style="text-align: right;">26</p> <p>9:00 & 12:00 Van to Stop & Shop-HL 10:00 Suits-MT 1:00 Knitting Circle-HR 2:30 Red and Yellow-AR 7:00 Movie-MT</p> 	<p style="text-align: right;">27</p> <p>9:00 Dermatology 9:25 Exercise with Mark 10:00 The Crown-MT 10:30 Cribbage-GR 1:30 Movie-MT 2:30 Bingo-AR 4:00 Social Hour-AR 7:00 Movie-MT</p>	<p style="text-align: right;">28</p> <p>9:00 Current Events-MT 11:00 Only Murders in the Building-MT 2:00 Movie-MT 3:00 Resident Run Saturday Fun-GR 4:30 Movie-MT 7:00 Movie-MT</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 10:00 Van to St. Thomas the Apostle Church-HL 11:00 Catholic Mass-MT 2:00 Movie-MT 2:30 Bingo-AR 4:00 Movie-MT 7:00 Movie-MT 	30 9:25 Exercise with Mark-AR 10:30 Monk-MT 11:00 Scrabble-GR 1:00 Van to Elmwood-HL 1:30 Hanukkah Celebration 2:00 Cornhole w/ Mark-AR 2:30 Pool-GR 3:00 Indoor Walk w/ Mark-HL 4:00 Wii Bowling-MT	31 New Year's Eve! 10:00 Lincoln Lawyer 11:00 Scrabble-GR 12:00 Van to Primavera Pub-HL 2:30 Roger Hart Photography: Remember When?-AR 7:00 Movie-MT		Welcome 2025!! 		Don't forget to check Channel 918 in your Heights Apt. for the latest info in your community!

KEY: AR = Adams Room/ DR = Dining Room/ FL = Fireside Lounge/ GR = Game Room
 HL = Heights Lobby/ HR = Hobby Room/ MT = Movie Theater/ TR = Thompson Room