























THE HEIGHTS ACTIVITY CALENDAR



FEBRUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><i>Please Note:</i> This calendar is subject to change. Please check your weekly activities calendar.</p> <p>Check out The Heights Community Channel #918 in your apartment!!</p>				<p>February is Black History Month</p>	<p>1</p> <p>9:00 Current Events-MT 10:00 Stretch & Balance w/ Joan-AR 11:00 The Queen's Gambit-MT 1:00 Van to Stew Leonard's 2:00 Movie-MT 3:00 Resident Run Saturday Fun! -GR 4:30 Movie-MT 7:00 Movie-MT</p>
<p>2</p> <p>9:30 Van to Church of Christ Congregational-HL 11:00 Catholic Mass-MT 1:00 UCONN Women-MT 4:30 Movie-MT 7:00 Movie-MT</p> 	<p>3</p> <p>9:25 Exercise with Mark-AR 10:00 Library Com. Mtg-L 10:30 Lost -MT 11:00 Scrabble-GR 11:00 Bible Talk-TR 1:00 Van to Newington Ctr 2:00 Planting w/ Jeff-TR 2:00 Cornhole-AR 2:30 Billiards-GR 3:00 Avery Actors Rehearsal 3:00 Indoor Walk w/ Mark 4:00 Wii Bowling-MT 7:00 Movie-MT</p>	<p>4</p> <p>9:30 NOVA Hearing-HR 10:00 Man on the Inside 11:00 Scrabble-GR 12:00 Van to Pepe's Pizzeria -HL 1:30 AHILA Food Committee Meeting-TR 1:30 Movie-MT 2:00 Catholic Mass-CH 2:30 Ashly Cruz-AR 7:00 Movie-MT</p>	<p>5</p> <p>9:25 Exercise w/ Mark-AR 10:00 White Collar-MT 10:30 Parkinson's Care Giver Support Group Mtg-AR 11:00 Word Games-TR 1:00 Van to Walmart -HL 1:30 Movie-MT 2:30 Chair Yoga w/ Jill-TR 7:00 Movie-MT</p> 	<p>6</p> <p>9:00 & 12:00 Van to Stop & Shop 9:30 AHILA Grounds Cmt Mtg-HR 10:00 Suits-MT 1:30 Movie-MT 2:00 Worship C-2 2:30 Jim Sheehan-AR 7:00 Movie-MT</p> 	<p>7</p> <p>9:25 Exercise with Mark 10:00 The Crown-MT 10:30 Cribbage-GR 1:30 Movie-MT 2:30 Bingo-AR 4:00 Social Hour-AR 7:00 Movie</p> 	<p>8</p> <p>9:00 Current Events-MT 11:00 The Queen's Gambit-MT 1:15 Van to Playhouse on Park-HL 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT</p> 

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p style="text-align: right;">9</p> <p>10:00 Van to St. Thomas 11:00 Catholic Mass-MT 12:00 Van to Cinestudio 2:00 Movie-MT 2:30 Bingo-AR 4:30 Movie-MT 6:00 Super Bowl-MT</p> 	<p style="text-align: right;">10</p> <p>9:25 Exercise with Mark-AR 10:30 Lost-MT 11:00 Scrabble-GR 1:00 Van to Newington Ctr 2:00 Cornhole w/ Mark-AR 2:30 Billiards-GR 3:00 Avery Actors Rehearsal 3:00 Indoor Walk w/ Mark 4:00 Wii Bowling-MT 7:00 Movie-MT</p> 	<p style="text-align: right;">11</p> <p>10:00 Man on the Inside-MT 10:00 AHILA House Cmt Mtg-HR 10:30 Campus Tour w/ Roseanne-HL 11:00 Scrabble-GR 12:00 Van to Effie's Place-HL 2:30 Tom Alvord-AR 6:30 Sing Along-HL 7:00 Movie-MT</p> 	<p style="text-align: right;">12</p> <p>9:25 Exercise w/ Mark-AR 10:00 White Collar-MT 11:00 Word Games-TR 1:00 AHILA Birthday Cmt Mtg-HR 1:00 Van to Trader Joe's-HL 2:30 Caregivers Support Group-HR 2:30 Welcome to the New World -AR 7:30 UCONN Women</p> 	<p style="text-align: right;">13</p> <p>9:00 & 12:00 Van to Stop & Shop 10:00 Suits-MT 10:30 AHILA Council Mtg-HR 1:00 Knitting Circle-HR 2:30 Worship-CH 2:30 Judy Handler & Mark Levesque-AR 7:00 Movie-MT</p> 	<p style="text-align: right;">14</p> <p style="text-align: center;">Happy Valentine's Day!!</p> <p>9:00 Podiatrist 9:25 Exercise with Mark 10:00 The Crown-MT 10:30 Oil Painting-HR 10:30 Cribbage-GR 1:30 Movie-MT 2:30 Bingo-AR 4:00 Social Hour-AR 7:00 Movie-MT</p> 	<p style="text-align: right;">15</p> <p>9:00 Current Events-MT 10:00 Stretch & Balance w/ Joan-AR 11:00 The Queen's Gambit-MT 1:00 Van to Silas Deane Shops-HL 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT</p> 
<p style="text-align: right;">16</p> <p>9:30 Van to Church of Christ Congregational-HL 11:00 Catholic Mass-MT 2:00 Movie-MT 3:00 Resident Run Sunday Fun! -GR 4:30 Movie-MT 7:00 Movie-MT</p> 	<p style="text-align: right;">17</p> <p style="text-align: center;">Presidents' Day No Van Transportation</p> <p>9:25 Exercise with Mark-AR 10:30 Lost-MT 11:00 Scrabble-GR 12:00 *One Meal in the Dining Room* 2:00 Cornhole-AR 2:30 Billiards-GR 3:00 Avery Actors Rehearsal 3:00 Indoor Walk w/ Mark 4:00 Wii Bowling-MT 7:00 Movie-MT</p>	<p style="text-align: right;">18</p> <p>10:00 The Resident-MT 11:00 Resident Meeting 12:15 Van to P.F. Changs-HL 1:30 Movie-MT 2:30 Paul Bisaccia-AR 6:30 Sing-Along-HL 7:00 Movie-MT</p> 	<p style="text-align: right;">19</p> <p>9:25 Exercise w/ Mark-AR 10:00 White Collar-MT 11:00 Word Games-TR 1:30 Movie-MT 2:30 Chair Yoga w/ Jill-TR 7:00 UCONN Women-MT</p> 	<p style="text-align: right;">20</p> <p>9:00 & 12:00 Van to Stop & Shop 10:00 Suits-MT 11:00 Avery Book Club-HR 1:30 Movie-MT 2:30 Jim Harkins-AR 7:00 Movie-MT</p> 	<p style="text-align: right;">21</p> <p>9:25 Exercise with Mark 10:00 The Crown-MT 10:30 Cribbage-GR 1:30 Movie-MT 2:30 Bingo-AR 4:00 Social Hour-AR 7:00 Movie-MT</p> 	<p style="text-align: right;">22</p> <p>9:00 Current Events-MT 11:00 The Queen's Gambit-MT 1:00 Van to Target-HL 2:00 Movie-MT 4:30 UCONN Women-MT 7:00 Movie-MT</p> 

--	--	--	--	--	--	--

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	27	28	
<p>10:00 Van to St. Thomas-HL 11:00 Catholic Mass-MT 2:00 Movie-MT 2:30 Bingo-MT 4:30 Movie-MT 7:00 Movie-MT</p> 	<p>9:25 Exercise with Mark-AR 10:30 Lost-MT 11:00 Scrabble-GR 11:00 Bible Talk-TR 1:00 Van to Newington Center-HL 2:00 AHILA Program Committee Mtg-HR 2:00 Dermatology 3:00 Avery Actors Rehearsal 3:00 Indoor Walk with Mark 4:00 Wii Bowling-MT 6:30 Sing Along-HL 7:00 Movie-MT</p> 	<p>10:00 The Resident -MT 11:00 Scrabble-GR 12:00 Van to Shady Glen-HL 1:30 Movie-MT 2:30 Bob Hennessy-AR 6:30 Sing Along-HL 7:00 Movie-MT</p> 	<p>9:25 Exercise w/ Mark-AR 10:00 White Collar-MT 11:00 Word Games-MT 11:45 Birthday Luncheon-HL 1:00 Van to Trader Joe's-HL 1:30 Movie-MT 2:00 Senior Seminar Mtg-HR 4:00 Veteran's Wall Reception-AR 6:30 UCONN Men-MT</p> 	<p>9:00 & 12:00 Van to Stop & Shop-HL 10:00 Suits-MT 1:00 Knitting Circle-HR 1:30 Movie-MT 2:30 Worship-CH 2:30 Joel Blumert-AR 7:00 Movie-MT</p> 	<p>9:00 Podiatrist 9:25 Exercise with Mark 10:00 The Crown-MT 10:30 Cribbage-GR 10:30 Watercolor Painting-HR 11:00 Cottage Conversation-AR 1:30 Shabbat-TR 1:30 Movie-MT 2:30 Bingo-AR 4:00 Social Hour-AR 7:00 Movie-MT</p> 	<p>The Villager Gift Shop Hours Monday-Friday 10:00 am – 2:00 pm</p>

Key: AR- Adams Room MT-Movie Theater GR- Game Room DR-Dining Room HL-Heights Lobby
TR-Thompson Room HR-Hobby Room L-Library NDR-Noble Dining Room CH-Chapel
C-2 2nd floor Noble Community Room