







THE HEIGHTS ACTIVITY CALENDAR APRIL 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p style="text-align: center;">I</p> <p>April Fool's Day!!</p> <p>9:30 Nova Hearing-HR 10:00 Emily in Paris-MT 11:00 Scrabble-GR 12:00 Van to P.F. Changs 1:30 AHILA Food Cmt Mtg-TR 1:30 Movie-MT 2:30 Catholic Mass-CH 2:30 Vincent Rodriguez 7:00 Movie-MT</p>	<p style="text-align: center;">2</p> <p>9:25 Exercise w/ Mark 10:00 White Collar-MT 10:30 Parkinson's Support Group Meeting-AR 11:00 Word Games-TR 1:00 Van to Walmart-HL 1:30 Movie-MT 2:30 Wellness Wednesday-AR 7:00 Movie-MT</p>	<p style="text-align: center;">3</p> <p>9:00 & 12:00 Van to Stop & Shop-HL 9:30 AHILA Grounds Committee Meeting-HR 10:00 Suits-MT 1:30 Movie-MT 2:30 Jose Paolo-AR 7:00 Movie-MT</p> 	<p style="text-align: center;">4</p> <p>9:25 Exercise w/ Mark 10:00 The Crown-MT 10:30 Cribbage-GR 1:30 Movie-MT 2:30 Bingo-AR 4:00 Social Hour-AR 7:00 Movie-MT</p> 	<p style="text-align: center;">5</p> <p>9:00 Family Swim 9:00 Current Events-MT 11:00 With Love, Meghan 1:00 Van to Kohl's-HL 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT</p> 
<p style="text-align: right;">6</p> <p>10:00 Van to St. Thomas-HL 11:00 Catholic Mass-MT 2:00 Movie-MT 2:30 Senior Seminar Series: Hartford Luminaries (Week 2 of 3)-AR 4:30 Movie-MT 7:00 Movie-MT</p>	<p style="text-align: right;">7</p> <p>9:25 Exercise with Mark 10:00 Library Cmt Mtg-L 10:30 Grey's Anatomy-MT 11:00 Scrabble-GR 1:00 Van to Newington 2:00 Jeff the Plant Guy-TR 2:00 Wii Bowling-MT 2:30 Billiards-GR 2:30 Avery Actors Presents: 2 Plays-AR 6:30 Sing Along-HL 7:00 Movie-MT</p>	<p style="text-align: right;">8</p> <p>10:00 Emily in Paris-MT 10:00 AHILA House Cmt Mtg-HR 10:30 Campus Tour w/ Roseanne-HL 11:00 Scrabble-GR 12:00 Van to Shady Glen 1:30 Movie-MT 1:30 Rock Steady Boxing-TR 2:30 The Music Squeezer-AR 6:30 Sing Along-HL 7:00 Movie-MT</p>	<p style="text-align: right;">9</p> <p>9:25 Exercise with Mark 10:00 White Collar-MT 11:00 AHILA Comm. Comt. Meeting-HR 11:00 Word Games-TR 1:00 Van to West Farms Mall-HL 1:00 AHILA Birthday Comm. Mtg-HR 1:30 Movie-MT 2:30 Caregivers Support Group-HR 2:30 Chair Yoga w/ Jill 7:00 Movie-MT</p>	<p style="text-align: right;">10</p> <p>9:00 & 12:00 Van to Stop & Shop 10:00 Suits-MT 10:30 AHILA Council Mtg-HR 1:00 Knitting Circle-HR 1:30 Movie-MT 2:30 Dan Bernier-AR 7:00 Movie-MT</p>	<p style="text-align: right;">11</p> <p>9:00 Podiatrist 9:25 Exercise with Mark 10:00 Van to E. Htfd Senior Center-Tax Prep 10:00 The Crown-MT 10:30 Oil Painting-HR 10:30 Cribbage-GR 2:30 Bingo-AR 3:00 The Masters-MT 4:00 Social Hour-AR 7:00 Movie-MT</p> 	<p style="text-align: right;">12</p> <p>9:00 Current Events-MT 10:00 Stretch & Balance w/ Diane-AR 11:00 With Love, Meghan-MT 1:00 Van to Stew Leonard's-HL 2:00 Movie-MT 4:00 The Masters-MT 7:00 Movie-MT</p> 

13

9:30 Van to Church of Christ Congregational-HL
11:00 Catholic Mass-MT
2:00 The Masters-MT
2:30 Senior Seminar Series: Hartford Luminaries-AR (Week 3 of 3)
4:30 Movie-MT
7:00 Movie-MT

14

9:25 Exercise with Mark-AR
10:30 Grey's Anatomy-MT
11:00 Scrabble-GR
1:00 Van to Newington Ctr-HL
2:00 Wii Bowling-MT
2:30 Billiards-GR
6:30 Sing Along-HL
7:00 Movie-MT

15

10:00 Emily in Paris-MT
11:00 Resident Meeting-AR
12:15 Van to Olive Garden-HL
1:30 Movie-MT
2:30 Jeff Batter-AR
7:00 Movie-MT



16

9:25 Exercise with Mark
10:00 White Collar-MT
11:00 Word Games-TR
1:30 Movie-MT
2:30 Chair Yoga w/ Jill-TR
7:00 Movie-MT



17

9:00 & 12:00 Van to Stop & Shop
10:00 Suits-MT
11:00 Avery Book Club-HR
1:30 Movie-MT
2:30 Rita's African Program-AR
6:30 Mennonite Easter Program-AR
7:00 Movie-MT

18

GOOD FRIDAY

9:25 Exercise with Mark
10:00 The Crown-MT
10:30 Cribbage-GR
11:00 Special Cottage Meeting-AR
1:30 Movie-MT
2:30 Bingo-AR
7:00 Movie-MT

19

9:00 Current Events-MT
11:00 With Love, Meghan-MT
1:00 Van to Silas Deane Hwy Shops-HL
2:00 Movie-MT
4:30 Movie-MT
7:00 Movie-MT



20


Easter Sunday

10:00 Van to St. Thomas the Apostle-HL
11:00 Catholic Mass-MT
2:00 Movie-MT
4:30 Movie-MT
7:00 Movie-MT



21


9:25 Exercise with Mark
10:30 Grey's Anatomy-MT
11:00 Scrabble-GR
1:00 Van to Newington Center-HL
2:00 Wii Bowling-MT
2:30 Billiards-GR
3:00 Avery Actors Rehearsal-AR
6:30 Sing Along-HL
7:00 Movie -MT



22


Earth Day

10:00 Emily in Paris
11:00 Scrabble-GR
1:30 Rock Steady Boxing-TR
1:30 Movie-MT
2:30 Brian Gillie-AR
7:00 Movie-MT



23

9:25 Exercise with Mark-AR
10:00 White Collar-MT
11:00 Word Games-TR
11:00 Parkinson's Dance for PD
12:00 April Birthday Luncheon
1:00 Van to Berlin Tpke-HL
1:30 Movie-MT
2:30 Visit w/ Obi-AR
7:00 Movie-MT



24

9:00 & 12:00 Van to Stop & Shop
10:00 Suits-MT
11:00 AHILA Annual Mtg-AR
1:00 Knitting Circle
1:30 Movie-MT
2:30 Ruriko Wheeler
7:00 Movie-MT



25

9:00 Podiatrist
9:25 Exercise with Mark
10:00 The Crown-MT
10:30 Water Color Painting-HR
10:30 Cribbage-GR
11:00 Cottage Conversation Please-AR
1:30 Shabbat-TR
1:30 Movie-MT
2:30 Bingo-AR
4:00 Social Hour-AR
7:00 Movie-MT

26

9:00 Current Events-MT
10:00 Stretch & Balance w/ Diane-AR
11:00 With Love, Meghan-MT
1:00 Van to Target-HL
2:00 Movie-MT
2:30 Pastel Drawing Class-HR
4:30 Movie-MT
7:00 Movie-MT

27

9:30 Van to Church of Christ Congregational-HL
11:00 Catholic Mass-MT
2:00 Movie-MT
4:30 Movie-MT
7:00 Movie-MT



28

9:25 Exercise with Mark
10:30 Grey's Anatomy
11:00 Scrabble-GR
1:00 Van to Newington
1:00 Dermatology
2:00 Program Committee Meeting-HR
2:30 Billiards-GR
2:00 Wii Bowling-MT
3:00 Avery Actors-TR
4:00 Veteran's Wall Reception-AR
7:00 Movie-MT

29

10:00 Emily in Paris-MT
11:00 Scrabble-GR
12:00 Van to Effie's Place-HL
1:30 Movie-MT
2:30 Sheri Ziccardi-AR
6:30 Sing Along-HL
7:00 Movie-MT

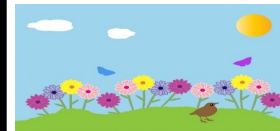
30

9:25 Exercise with Mark
10:00 White Collar-MT
11:00 Word Games-TR
1:00 Van to Trader Joe's -HL
2:00 Senior Seminar Series Cmt Mtg-HR
2:30 Movie-MT
7:00 Movie-MT



The Villager Shop Is open Monday-Friday

10:00-2:00



This calendar is subject to change. Please check your weekly activity schedule.

KEY: AR= Adams Room/ MT=Movie Theater/ CCR= Cottage Community Room/ DR= Dining Room/ FL= Fireside Lounge/ HL= Heights Lobby/ HR= Hobby Room/ GR=Game Room/ NDR= Noble Dining Room/ TR= Thompson Room/CH-Chapel