

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Don't forget to check the Bulletin Board for special events and outing sign-ups and tune in to channel 918 in your Heights apartment for the latest Heights Happenings!		<u>Please Note:</u> This calendar is subject to change.	I 9:00 & 12:00 Van to Stop & Shop 9:30 AHILA Grounds Committee Meeting-HR 10:00 Suits-MT 1:30 Movie-MT 2:30 The Ben and Ed Show-AR 7:00 Movie-MT	2 9:25 Exercise with Mark-AR 10:00 The Crown-MT 10:30 Cribbage-GR 1:30 Movie-MT 2:30 Bingo-AR 4:00 Social Hour-AR 7:00 Movie-MT	3 9:00 Family Swim 9:00 Current Events-MT 10:00 With Love, Meghan 1:00 Van to Elizabeth Park 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT 
4 10:00 Van to St. Thomas the Apostle Church-HL 11:00 Catholic Mass-MT 2:00 Movie-MT 2:30 Bingo-AR 4:30 Movie-MT 7:00 Movie-MT	5 9:25 Exercise with Mark 10:00 Library Cmt Mtg-L 10:00 Grey's Anatomy-MT 11:00 Scrabble-GR 1:00 Van to Newington Center-HL 2:00 Jeff the Plant Guy-TR 2:00 Cornhole-AR 2:30 Billiards-GR 3:00 Avery Actors-AR 3:00 Fit Trail Walk-HL 4:00 Wii Bowling-MT	6 9:30 NOVA Hearing-HR 10:00 Emily in Paris-MT 11:00 Scrabble-GR 1:30 AHILA Food Committee Mtg-TR 1:30 Movie-MT 2:30 Catholic Mass-CH 2:30 Ashly Cruz-AR 7:00 Movie-MT	7 9:25 Exercise with Mark-AR 10:00 White Collar-MT 10:30 Parkinson's Support Group-AR 11:00 Word Games-TR 1:30 Movie-MT 2:30 Wellness Wednesday Informational Presentation-AR 7:00 Movie-MT	8 9:00 & 12:00 Van to Stop & Shop-HL 10:00 Suits-MT 10:30 AHILA Council Mtg-HR 1:00 Knitting Circle HR 1:30 Movie-MT 2:30 Judy Handler & Mark Levesque -AR 7:00 Movie-MT	9 9:00 Podiatrist 9:25 Exercise with Mark-AR 10:30 Oil Painting-HR 10:30 Cribbage-GR 1:30 Movie-MT 2:30 Bingo-AR 4:00 Social Hour-AR 7:00 Movie-MT	10 9:00 Current Events-MT 10:00 Stretch & Balance w/ Diane-AR 10:00 With Love, Meghan-MT 1:00 Van to Kohl's-HL 2:00 Movie-MT 4:30 Movie-HL 7:00 Movie- MT 
11 9:30 Van to Church of Christ Congregational-HL 11:00 Catholic Mass-MT 2:00 Movie-MT 2:30 Resident Run Sunday Fun-GR 4:30 Movie-MT 7:00 Movie-MT 	12 9:25 Exercise with Mark 10:00 Grey's Anatomy 11:00 Scrabble-GR 1:00 Van to Newington Center-HL 1:00 Dermatology 2:00 Cornhole-AR 2:30 Billiards-GR 3:00 Avery Actors Rehearsal-AR 3:00 Fit Trail Walk with Mark-HL 4:00 Wii Bowling-HR 6:30 Sing Along-HL 7:00 Movie-MT	13 10:00 Emily in Paris 10:30 AHILA House Cmt Mtg-HR 10:30 Campus Tour w/ Roseanne-HL 11:00 Scrabble-GR 12:00 Van to Primavera Pub-HL 1:30 Movie-MT 1:30 Rock Steady Boxing-TR 2:30 Jon Condie-AR 7:00 Movie-MT	14 9:25 Exercise with Mark-AR 10:00 White Collar-MT 11:00 Word Games -TR 11:00 AHILA Comm. Cmt. Mtg-HR 1:00 Van to West Farms 1:00 AHILA Birthday Cmt Mtg-HR 1:30 Movie-MT 2:30 Caregiver's Support Group-HR 2:30 Birds of Prey-AR 7:00 Movie- MT	15 9:00 & 12:00 Van to Stop & Shop-HL 10:00 Suits-MT 11:00 Avery Book Club-HR 1:30 Movie-MT 2:30 Jim Sheehan-AR 7:00 Movie-MT 	16 9:25 Exercise with Mark-AR 10:00 The Crown-MT 10:30 Cribbage-GR 1:30 Movie-MT 2:30 Bingo-AR 4:00 Social Hour 7:00 Movie-MT 	17 9:00 Current Events-MT 10:00 With Love, Meghan-MT 2:00 Movie-MT 2:00 Van to Theater of Performing Arts-HL 2:30 Pastel Drawing Class-HR 4:30 Movie-MT 7:00 Movie -MT 
18 10:00 Van to St. Thomas the Apostle Church-HL 11:00 Catholic Mass-MT 2:00 Movie-MT 4:00 Shoreline Ringers-DR 7:00 Movie-MT 	19 9:25 Exercise with Mark 10:00 Grey's Anatomy 11:00 Scrabble-GR 1:00 Van to Newington 2:00 Cornhole w/ Mark 2:30 Billiards-GR 2:00 AHILA Program Comm. Meeting-HR 3:00 Avery Actors-AR 3:00 Fit Trail Walk with Mark-HL 4:00 Wii Bowling-HR 7:00 Movie-MT	20 10:00 Emily in Paris-HL 11:00 Resident Meeting-AR 12:15 Van to Coyote Flaco-HL 1:30 Movie-MT 2:30 Ayesha Jackson-AR 6:30 Sing Along 7:00 Movie-MT	21 9:25 Exercise with Mark 10:00 White Collar-MT 11:00 Word Games-TR 1:00 Van to Berlin Tpke 1:30 Movie-MT 2:30 Chair Yoga w/ Jill 7:00 Movie-MT	22 9:00 & 12:00 Van to Stop & Shop 10:00 Suits-MT 1:00 Knitting Circle-HR 1:30 Movie-MT 2:30 Jim Harkins-AR 7:00 Movie-MT 	23 9:00 Podiatrist 9:25 Exercise with Mark-AR 10:30 Cribbage-GR 1:30 Movie-MT 1:30 Shabbat-TR 2:30 Bingo-AR 3:45 Memorial Day Ceremony-Patio 4:00 Social Hour 7:00 Movie-MT	24 9:00 Current Events-MT 10:00 The Comeback-2004 Boston Red Sox -MT 12:00 Van to National Iwo Jima Memorial-HL 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT 
25 9:30 Van to Church of Christ Congregational-HL 11:00 Catholic Mass-MT 2:00 Movie-MT 2:30 Bingo-AR 4:30 Movie-MT 7:00 Movie-MT 	26 **Memorial Day** No Transportation Mark is off today One Meal In The Dining Room 10:00 Grey's Anatomy 11:00 Scrabble-GR 12:00 Picnic Style Meal-DR (No dinner service) 2:00 Movie-MT 2:30 Billiards-GR 3:00 Avery Actors Rehearsal-AR 7:00 Movie- MT 	27 10:00 Emily in Paris-MT 11:00 Rummikub-GR 1:30 Movie-MT 1:30 Rock Steady Boxing-TR 2:30 Steve Moran-AR 6:30 Sing Along-HL 7:00 Movie-MT 	28 9:25 Exercise with Mark 10:00 White Collar-MT 11:00 Word Games-TR 11:00 Parkinson's Dance Class-AR 12:00 Birthday Luncheon-DR 1:00 Van to Trader Joe's 1:30 Movie-MT 2:00 Senior Seminar Meeting-HR 2:30 Chair Yoga w/ Jill-TR 7:00 Movie- MT	29 9:00 & 12:00 Van to Stop & Shop 10:00 Suits-MT 1:30 Movie-MT 2:30 Joel Blumert-AR 7:00 Movie-MT 	30 9:25 Exercise with Mark-AR 10:00 The Crown-MT 10:30 Cribbage-GR 1:30 Movie-MT 2:30 Bingo-AR 4:00 Social Hour-AR 7:00 Movie-MT 	31 9:00 Current Events-MT 10:00 Stretch & Balance-AR 10:00 The Comeback-2004 Boston Red Sox -MT 1:00 Van to Stew Leonard's -HL 2:00 Movie-MT 4:30 Movie-MT 7:00 Movie-MT 